

# Bereavement Counselling Service and Probate Helpline



**Bereavement Counselling offers unlimited access to a 24/7 bereavement helpline, and up to six face-to-face or structured telephone sessions with a qualified counsellor.**

The Bereavement Counselling service is offered to you, your immediate family and work colleagues at an emotionally challenging time. Experienced counsellors are on hand to provide support for as long as they are required. The Probate Helpline can assist members who have been appointed to administer a deceased persons estate.

## THE BEREAVEMENT COUNSELLING SERVICE INCLUDES:

- **Unlimited 24/7 access to a bereavement helpline, staffed by fully qualified counsellors**
- **Up to six face-to-face, or structured counselling sessions, with a qualified bereavement counsellor at a convenient location close to home or work**

- **Practical advice and details of self-help groups and charities where appropriate**
- **Confidential advice accredited by the British Association for Counselling and Psychotherapy (BACP)**

- **Find helpful articles, podcasts and support on grief and loss**
- **Immediate family members can also access this support service.**

## IN NEED OF A SUPPORT TEAM?

Contact us today for advice, support or information

**0800 980 6559\***

or from abroad: **+44 41 846 1686**

\* Calls to 0800 numbers are free from a UK landline. Mobile and international call costs may vary.

