



Download the LifeWorks app

to feel supported and connected wherever you are!

With the innovative LifeWorks app, you'll have access to a confidential Employee Assistance Programme (EAP) and wellness resource, whenever you need it, and from wherever you are.

What's more, the app acts like your digital wallet card so that you can chat with a LifeWorks expert with just a tap – any time, anywhere. You can also quickly and easily check wellness resources right on your phone!

Download the LifeWorks app today and don't miss out!

1. Download the free app on Android or iOS – simply search for 'LifeWorks'.



2. Open the app and click 'Log in'.
3. Enter user ID and password: **generaliuk**