



Top tips!

How can LifeWorks' EAP help you during the Covid-19 pandemic?

Our new EAP platform includes all the great services you're used to, and more, with an emphasis on encouraging employees to proactively take control of their own wellbeing. If you haven't already completed your free upgrade and would like to find out more, please contact our business development team via EB.Enquiries@Generali.co.uk

- **Covid-19 toolkit.** LifeWorks has developed a Covid-19 toolkit for managers and employees. Packed with useful information on everything from the latest in protection and prevention measures, maintaining wellbeing whether self-isolating or in the workplace, caring for others, manager information on maintaining a positive work environment, and mental and financial wellbeing support. Access the toolkit directly [here](#).
- **24/7 employee support services.** Work-life support - legal, financial, childcare, eldercare, special needs, education. Plus, counselling and coaching services - video, virtual group, chat, direct message, telephonic.
- **Wellbeing feed.** A personalised newsfeed of wellbeing content. Plus a community news hub with targeted posts and push notifications, allowing employers to share personal and team news, distribute business communications and information on benefits directly to employees' phones.
- **Perks and savings.** Savings via gift cards, plus a wide range of lifestyle discounts, including money off the weekly grocery shop.
- **Manager consultations.** Remind line managers about the manager consultations available via the helpline. If they have an employee who is struggling, they can reach out to relevant experts to discuss it.
- **Peer to peer recognition.** Celebrate great performance and inspiring achievements during this challenging time. Plus, a leaderboard, which acts as a gamification tool for recognition activity and company-led initiatives.
- **Enhanced services.** These are paid-for services that fall out of the Core package, outlined above. Generali's [Wellbeing Investment Matching](#) initiative may be utilised to help part or fully fund these services where a specific wellbeing need is identified. Get access to: enhanced perks and savings; digital and telephonic health coaching focusing on sleep, stress, weight and general health; the ability to link up with wearable tech to allow for greater insights into social, corporate or individualised challenges; recognition in line with company values and spot rewards.

Please note that some of the services listed above might be available only via the free upgrade to our new (Core) Generali LifeWorks platform, as communicated to all clients late last year. If you would like to find out more, please contact our business development team via EB.Enquiries@Generali.co.uk