



## Wellbeing Investment Matching

### The ultimate in support tailored to need



Where employers have identified a well-being shortfall and would like to implement a new initiative with a view to improving outcomes – anything from virtual GPs to mental health coaching – Generali will work with the employer to help make this happen.

We will consider contributing financially to a whole host of initiatives offered by our fully accredited selection of wellbeing investment match partners.

#### Partner selection

Generali assesses potential wellbeing investment match partners on their ability to bring tangible value to a business' wellbeing strategy. We only partner with the very best in their respective fields of expertise. Each provider has to meet or exceed Generali's due diligence requirements, which include data security, financial stability and appropriate accreditation.

#### Our expert partners currently include:



#### **Babylon**

Babylon delivers primary healthcare through a mobile app, by:

- Providing an artificially intelligent chatbot 'virtual doctor' to analyse symptoms and offer medical advice.
- Allowing patients to book their doctor appointments online.
- Putting patients quickly in contact with doctors via video or voice consultation.
- Providing prescriptions and referrals into appropriate services where required.
- Ensuring quick delivery of medication via the app to work, home or nearest pharmacy.
- Supplying self-test kits for a range of clinical tests (blood, saliva etc) and results in-app within 24 hours.
- Self-help monitoring, connecting to over 150 wearable and IoT devices to track performance over time.



### Dr Care Anywhere

Now serving over 100 corporate clients in over 80 countries, Doctor Care Anywhere is a doctor-founded and clinically-led company, specialising in virtual consulting:

- 20-minute GP appointments by video or phone with a choice of doctor
- Our doctors are fully qualified GPs in accordance to UK standards, are GMC registered and are on the UK GP register
- Get prescriptions home delivered or picked up from the most convenient pharmacy
- Order NHS repeat prescriptions through the platform
- Centralised medical health record to access previous consultation notes, referrals and prescriptions
- Specialist referrals and fit notes
- Health Tracking to monitor symptoms, conditions and lifestyle factors via a dedicated app



### Lifeworks

LifeWorks is a market-leading, confidential Employee Assistance programme (EAP) and innovative wellbeing resource. Designed to help employees with all of life's questions, issues and concerns, LifeWorks offers support with mental, financial, physical, emotional, legal and wellbeing concerns, anytime, 24/7, 365 days a year with the LifeWorks app. Through LifeWorks, employees and their dependents have access to a range of services including:

- A wide range of perks, exclusive deals and cashback to help them save money on daily essentials and treats, whenever they shop major retailers, and even on luxury brands.
- LifeWorks Recognition, a feature to share and celebrate a colleague or team member's great work.
- Expert tips and strategies, suggested resources and referrals, as well as a wealth of online articles, podcasts, toolkits, and more.
- A social News Feed, your organisation's very own information feed, which acts like a private social network, enabling your employees to stay on top of what's happening in your organisation and with their colleagues.
- Wellness services such as Health Risk Assessments to help employees identify key risk areas such as general health, physical activity and emotional stress, while providing them with helpful feedback and recommendations for improvement.



### Nuffield Health

Nuffield Health provides access to thousands of health and wellbeing experts and services through a network of nationwide fitness & wellbeing clubs, hospitals and medical centres, plus they are the largest provider of corporate wellbeing services.

- Health assessments – single assessments or ongoing processes.
- Fitness solutions – from gym feasibility studies, design and consultancy, to personal training, Health MOTs and educational opportunities.
- Corporate health services – help from professionals in designing and implementing a corporate wellbeing programme.
- Advice for employees – straight from clinical experts on areas such as emotional wellbeing, musculoskeletal health and healthy eating.
- Emotional wellbeing – self-guided, online and face-to-face support, including Cognitive Behavioural Therapy.



### ToHealth

A specialist provider of corporate health and wellbeing services, offering national on-site and offsite services, including:

- Corporate Health Assessments - from Health MOTs to executive level assessments, including key biometric testing and specific cancer tests plus GP services. Available on-site or via ToHealth's national clinic network, mobile units & hospitals.
- Anonymised KPI reporting - to support employers in better targeting their health & wellbeing budget.
- Mental Health First Aid & Resilience training - for employees and line managers.
- Engagement days - including juice bikes, blood pressure testing, skin cancer & mole checks, lunch & learn sessions, batak wall, neck & shoulder massages.



### Randex Health

Randex Health specialise in the wellbeing of the whole body. Empowering individuals to understand their current health, whilst identifying early warning signs for illness, such as heart disease, diabetes and much more.

Randex Health offer exclusive testing through a unique, comprehensive and affordable body screen, tailored for individual and corporate needs.

- Extensive range of health programmes offering report analysis, consultations, management and repeat testing.
- Advanced blood testing: conducting 100s of tests, diagnosing and preventing 1000s of diseases.
- State of the art clinics with onsite laboratories.
- Mobile clinic direct to an individual's home or workplace, available nationwide.
- Private GP service.



## Check4Cancer

Check4Cancer is a clinically-led private provider of early cancer detection services in the UK, focusing on personal risk assessment, awareness and risk stratified screening.

- Affordable, unique and scientifically validated Cancer Checks focusing on the six most common cancers: bowel, breast, gynae, lung, prostate and skin.
- Designed for people without symptoms but who may have concerns. These services are not offered via the NHS.
- Companies offer the service via company paid campaigns or salary deduction often via on-site clinics to increase engagement.
- Awareness services – Check4Cancer offer education and awareness services by way of SkinAware days, websites, videos, presentations, marketing and communications support.



## Mental Health at Work

Practical, skills-based mental health training solutions, delivered by specialists through facilitated sessions to help organisations understand, manage and promote mental health as an integral part of working life.

The overriding goal is help employers remove the stigma that so often surrounds mental health to ensure that individuals get the help they need. This in turn helps business performance considering that **42% of long-term absence is caused by stress or mental ill-health<sup>1</sup>**. Services include:

- Support tailored to company need, from information and awareness to essential practical skills for line managers and bespoke sessions for identified areas of need.
- Training is flexibly constructed to meet the needs of any organisation irrespective of size, industry or workplace settings.
- Learning outcomes are also tailored to need and include: understanding what mental health is; challenging myths and assumptions; how to hold conversations about mental health; facilitating return to work after absence; making reasonable adjustments; developing skills to formulate and implement workplace mental health initiatives; establishing workplace guidelines to comply with legal requirements; building networks of mental health champions.
- All Mental Health at Work's training helps leaders understand and comply with The Equality Act 2010.

**“The only way to deal with mental health is to normalise it and the only way to get the right support is to have these conversations in the workplace.”**

Dr Michael Holland  
Medical Director and Chief Clinical Information Officer at South London and Maudsley  
NHS Foundation Trust

<sup>1</sup> CIPD Absence Report 2016



### **VSP Vision Care**

Over the past 60 years, VSP Vision Care has earned the trust of clients and members alike by delivering high-quality, personalised eye care. From basic VDU plans to enhanced vision cover, VSP can help you provide a high-value employee benefit that offers:

- Company-paid or flex benefit options for employees and family members.
- Full utilisation reporting and transparency of costs with no vouchers to administer.
- Complete flexibility for your employees on choice of optician and how allowances are spent.
- Direct settlement with in-network VSP opticians that eliminates claim forms and upfront payments from employees.
- 20% discounts on exams and materials at every VSP provider.

### **Want to find out more?**

Any clients or their consultants interested in finding out more should contact Generali: [eb.enquiries@generali.co.uk](mailto:eb.enquiries@generali.co.uk)

Please note that Generali will review and amend this insert as and when new Wellbeing Investment Matching partners come on board.